Box Alignment - "Flex"

Primary “Go To” Player: #5 Post
Secondary “Go To” Player: #3 Inbounder

Flex or Spots affords for flash post game along with creating high percentage shot opportunities by freeing up shooters with down screens. Flex is also effective against odd front (1-2-2 and 1-3-1) zones.

Right Side Entry

**Down Screen.** O5 sets a down screen for O1. O3 has option of making an inbounds pass to O1 or a direct pass to O5 posting up. O4 sets a down screen for shooter O2 on weakside.

**Pick the Picker.** O1 passes to O2 for shot. O3 cuts off O5’s base screen and O1 downs screens for O5.

Continuity. If/when O2 does not take the shot or passes to O3 cutting off O5’s base screen, O2 passes to O5 continuing the pick the picker action.
Left Side Entry

**Down Screen.** O5 sets a down screen for O1. O3 has option of making an inbounds pass to O1 or a direct pass to O5 posting up. O4 sets a down screen for shooter O2 on weakside.

**Pick the Picker.** O1 passes to O2 for shot. O3 cuts off O5's base screen and O1 downs screens for O5.

**Continuity.** If/when O2 does not take the shot or passes to O3 cutting off O5's base screen, O2 passes to O5 continuing the pick the picker action.